Health care disparities create undue and significant hurdles for patients in need and disproportionately impact individuals with chronic conditions. It is critical that all patients have equal access to health care services independent of age, ethnicity, socio-economic status or health status.
CHRONIC DISEASE IN THE U.S.

Leading cause of death & disability\(^1\)

6 in 10 adults have at least one\(^1\)

4 in 10 adults have two or more\(^2\)

3.15 trillion in annual health care costs\(^3\)

LEADING CHRONIC DISEASES IN NEVADA

47.1% Cholesterol\(^{10}\)

32.8% Hypertension\(^9\)

27.7% Arthritis\(^8\)

22% Mental Illness\(^4\)

11.8% Diabetes\(^7\)

9% Cardiovascular Disease\(^5\)
23% of rural Americans say access to good doctors and hospitals is a major problem, compared with 18% of urbanites and 9% of suburbanites.\(^\text{11}\)

Rural Americans live an average of 10.5 miles from the nearest hospital, compared with 5.6 for people in suburban areas and 4.4 for those in urban areas.\(^\text{11}\)

It takes Nevadans an average of 13.7 minutes by car to travel to the nearest hospital, compared to 13.3 minutes nationally.\(^\text{11}\)

There are 17 Medicare certified rural health clinics\(^\text{13}\) in Nevada, serving more than 281,000 Nevadans living in rural areas.\(^\text{12}\)

A wave of rural hospital closures in recent years have raised concerns about access to health care. 64 rural hospitals closed between 2013 and 2017, more than twice the number of closures in the previous five-year period.\(^\text{11}\)
PREVENTION AND AFFORDABILITY

7.6% of adults in Nevada (176,000) have reported an unmet need for mental health treatment, compared to 6.2% nationally.14

11.5% of Nevada’s population is uninsured, compared to 9.2% nationally.15

10.3% of Nevadans have reported needing to see a doctor but couldn’t because of cost, compared to 9.7% nationally.16

Nationally, more than 1 in 3 Medicare beneficiaries spent at least 20% of their income on out-of-pocket costs. Out-of-pocket spending increased for those in fair or poor health, those with low incomes, and those aged 85+. These costs are expected to rise across the board by 2030.17

QUALITY HEALTH CARE

Nevada mortality for men and women as a result of chronic disease (cancer, diabetes and heart disease).18

451.4 DEATHS

298.6 DEATHS

17%

Readmitted within 30 Days

Medicare enrollees ages 65 and older in Nevada were readmitted within 30 days of hospital discharge.19
The Chronic Care Policy Alliance is dedicated to improving access to affordable and high-quality health care services for those living with chronic conditions.

Learn more at chroniccarealliance.org

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