

# Obesity's Impact on Maryland's Economy and Workforce in 2025



**\$9.5B**



## TOTAL REDUCED ECONOMIC ACTIVITY

1.6% Reduction in Maryland's Gross Domestic Product (GDP)



**69%**

Adults have obesity or overweight



**\$4.5B**

Higher Healthcare, Absenteeism, & Disability Costs to Employers



**\$1B**

Detrimental State Budget Impact

## IMPACT ON RESIDENTS



**16,500**

**Reduced Labor Force**

Reduced workforce participation + premature mortality



**3%**

**Reduced Earnings for Employed Women**

Women with obesity earn 3% less than women with healthy weight



**9,400**

**Obesity-Related Premature Mortality**

Premature deaths occur annually



**\$655M**

**Higher Medical Costs**

Households out-of-pocket spending on obesity-related care

## COST OF OBESITY ON EMPLOYERS

### Higher Medical Cost Per Employee

Overweight

**\$440**

Obesity

**\$1,730**



**\$1.45B**

**Higher Healthcare Costs**



**\$2.1B**

**Health-related lost workdays**



**\$945M**

**Workers' Compensation and Disability**

## TOTAL FISCAL IMPACT ON STATE & LOCAL GOVERNMENT

### Increased Government Spending



**Medicaid**

Higher Medicaid Spending

**\$509M**



**Healthcare**

Employee healthcare coverage

**\$209M**

### Lost Government Revenue



**Tax Revenue**

Reduced receipts from lost economic activity

**\$313M**

**TOTAL STATE & LOCAL FISCAL IMPACT**

**\$1B**

Supported by Eli Lilly and Company

For more information: [Consulting@globaldata.com](mailto:Consulting@globaldata.com)

Access more factsheets & reports: <https://www.globaldata.com/health-economics/US/>

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# Maryland's Case for Action: The Health & Economic Value of Weight Loss



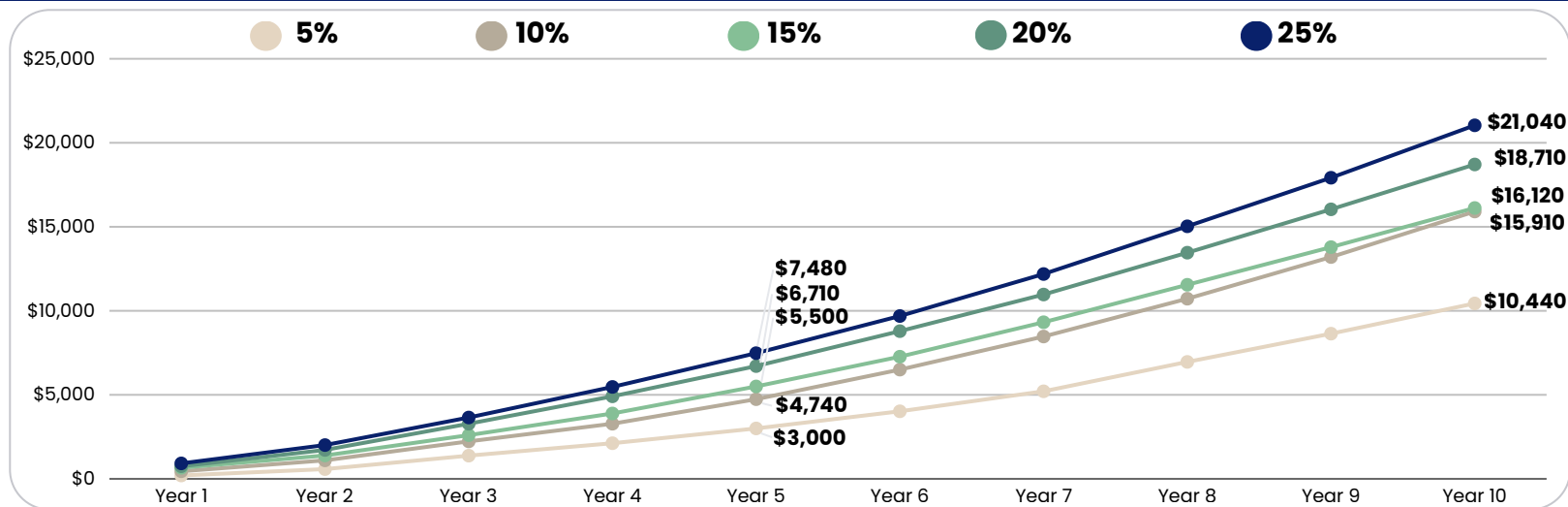
## KEY SAVINGS OPPORTUNITY



A **5%–25%** weight loss through sustained treatment among adults over 10 years could generate between **\$16.8B and \$33.9B** in cumulative medical cost savings

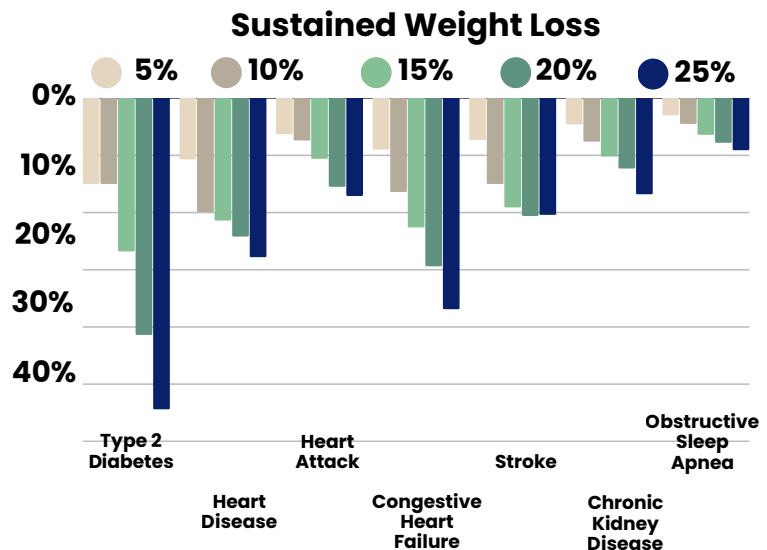
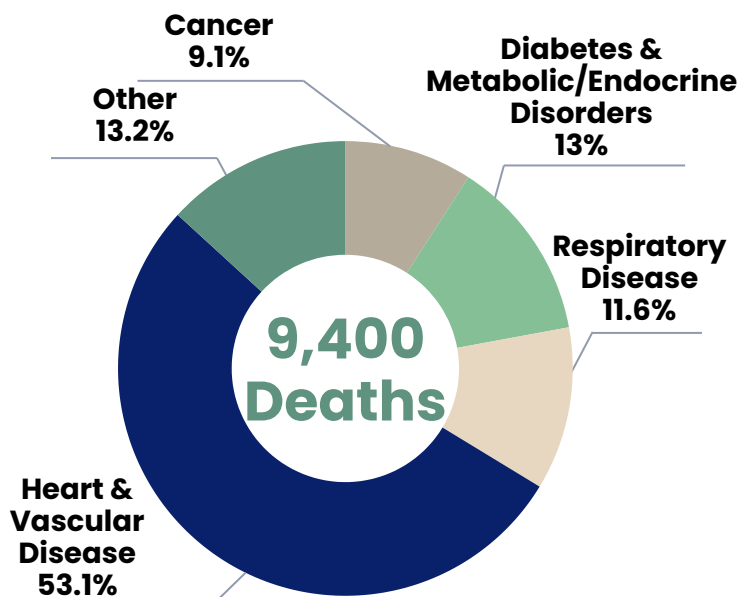
**\$16.8B–\$33.9B**  
10-Year Savings Range

## MEDICAL COST SAVINGS PER PERSON BY SUSTAINED WEIGHT LOSS



## OBESITY-ATTRIBUTED DEATHS BY CAUSE

## 10-YEAR REDUCTION IN DISEASE ONSET



Modeled onset of obesity-related diseases shows the greatest reductions in diabetes, heart disease, and heart failure at higher levels of weight loss

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